

DETERMINATION OF THE PHYTOCHEMICAL PROPERTIES OF ETHANOLIC AND AQUEOUS PLANT EXTRACTS OF *EUPHORBIA HIRTA* TOWARDS THE INHIBITION OF DERMATOPHYTES

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ABSTRACT

Medicinal plants have evolved as essential preventive and therapeutic aids for various ailments. Approximately 2.5 million species of higher plants remain unexplored for their pharmacological activities. This study was aimed at screening of phytochemical properties of ethanolic and aqueous extracts of leaves, stem, flower, and whole parts of *Euphorbia hirta* extract. Fresh leaves, stem, flower and the whole plant of *Euphorbia hirta* were collected from the Centenary Park, opposite 44 Reference Army Hospital, Kaduna North, Kaduna, Nigeria. The entire plant was identified and authenticated by a Botanist from the department of Biological Sciences, NDA. The collected plant parts were processed in the laboratory using standard procedure. Qualitative and quantitative analyses of the phytochemical properties of the leaves stem, and flower of *Euphorbia hirta* was carried out using standard method. Results obtained from this study indicated that aqueous extracts yielded mean values of 7.93 mg/g for flowers, 8.18 mg/g for leaves, 8.65 mg/g for stems, and 6.3 mg/g for the whole plant. For the ethanolic extracts, the highest value was observed in the stem with 5.8 mg/g, followed by the whole plant with 6.43 mg/g, the leaves with 5.35 mg/g, and the flowers with the lowest value at 0.84 mg/g. Phytochemical properties of *E. hirta* could be employ in the pharmacological studies as these compounds have been known to possess antimicrobial properties..

Keywords: Determination, Phytochemical properties, *Euphorbia hirta*, and extraction.

INTRODUCTION

Phytochemical properties of plants, particularly secondary metabolites, have been extensively investigated for their antifungal activity (Uddin *et al.*, 2019). Herbal medicines, being cheap, easily available, and relatively safe, have received significant attention as sources of lead compounds (Ahmad *et al.*, 2019). The World Health Organization (WHO) estimates that about three quarter of the world population currently uses herbs and other forms of traditional system of medicines for treating their diseases. Plants possess antimicrobial substances such as essential oils, peptides, phenols, tannins, alkaloids, and flavonoids, which have therapeutic applications against fungi, bacteria, and viruses (Kumar *et al.*, 2010; Ghosh *et al.*, 2019; Meda *et al.*, 2023).

Pharmacological studies have shown that extracts of *Euphorbia hirta* exhibit antimicrobial, sedative, anxiolytic, antioxidant, anti-inflammatory, antiepileptic, antipyretic, analgesic, antiasthmatic, antihistaminic, antidiabetic, wound healing, anticancer, diuretic, gastrointestinal, antiparasitic, hepatoprotective, immunological, galactogenic, angiotensin-converting enzyme inhibiting, and anti-dipsogenic activities (Kshetrimayum, 2017; Alexandra *et al.*, 2018;

Al-Snafi, 2017; Uddin *et al.*, 2019).

Euphorbia hirta has been traditionally used for various treatments, including earache (Igoli *et al.*, 2005), asthma (Auwal *et al.*, 2016), pregnancy-birth disorders, digestive issues, diabetes, bacterial infections, visual disturbances, scorpion sting, hypertension, parasitosis, and allergies (Nadembega *et al.*, 2011; Zerbo *et al.*, 2011). Perumal *et al.* (2012) confirmed its use for asthma, skin problems, gastrointestinal disorders, and intestinal parasitosis. The plant has also demonstrated antibacterial (Sudhakar *et al.*, 2006), anticancer, antioxidant (Mothana *et al.*, 2009), and antifungal (Masood and Rajan, 1991) activities.

The use of *Euphorbia hirta* in African communities often relies on a trial-and-error approach without scientific validation. Reports on the antifungal effects of different parts of *Euphorbia hirta* from various locations sometimes produce inconsistent results. Medicinal plants have evolved as essential preventive and therapeutic aids for various ailments. Dermatophytosis, a zoonotic disease caused by dermatophytes, is a significant public health problem, especially in African countries (Diso *et al.*, 2020). Dermatophytes are a group of closely related fungi that affect keratinous tissue (skin, hair, and nails) of humans and other vertebrates, causing superficial infections, dermatophytosis, commonly known as ringworm or tinea. They belong to three anormorphic (asexual or imperfect) genera, *Epidermophyton*, *Microsporum*, and *Trichophyton* (Weitzman and Summerbell, 1995). Dermatophytes, including species of *Trichophyton*, *Microsporum*, *Aspergillus*, *Epidermophyton*, and *Candida*, infect both sexes and all ages, influenced by factors such as age, hygiene level, or physiological conditions (Alexandra *et al.*, 2018). Plants with phytochemicals play crucial roles in treating cutaneous infections, gastrointestinal disorders, urinary tract infections, respiratory diseases, and other conditions (Kshetrimayum, 2017; Alexandra *et al.*, 2018). *Euphorbia hirta*, in particular, has shown potential in treating various ailments. This present study was therefore, carried out to determine the phytochemical properties of the ethanolic and aqueous extracts of *Euphorbia hirta* plant towards the inhibition of dermatophytes.

MATERIALS AND METHODS

Plant Collection and Preparation

Fresh leaves, stem, flower and the whole plant of *Euphorbia hirta* were collected from the Centenary Park, opposite 44 Reference Army Hospital, Kaduna North, Kaduna, Nigeria. The entire plant was identified and authenticated by a Botanist (NDA/BIOH/2024/43) from the Department of Biological Sciences, Nigerian Defence Academy. The experiment was conducted in

various stages across different laboratories in the Departments of Biochemistry and Microbiology, Faculty of Pure and Applied Sciences, Kaduna State University. The collected plant parts were rinsed with tap water and air-dried under shade for 14 days, then reduced to coarse powder using a pestle and mortar, and further ground to fine powder using a Kenwood electric blender. The powdered samples were stored in airtight bottles for further studies.

Plant Extraction

Thirty grams (30 g) of each of the powdered samples (leaves, stem, flower and whole plant) were soaked in 200 ml of ethanol and water in a 1-liter sterile conical flask covered with cotton wool, plugged, and wrapped with aluminum foil. The mixture was shaken vigorously and left to stand for 24 hours in a shaking water bath maintained at 29°C. For the aqueous plant extraction, same procedure as described above was repeated in 1100 ml. The mixtures were filtered using muslin cloth and Whatman No. 1 filter paper. Each extract was placed on the water bath at 40°C and allowed to evaporate leaving pure extract (Sosa *et al.*, 2016). The percentage yields of the crude extracts were determined using the formula:

$$\text{The percentage extract yield} = \frac{\text{Dry Weight (DW)}}{\text{Dry Material Weight (DMW)}} \times 100$$

Determination of Phytochemical Properties of Extracts of *Euphorbia hirta*

Qualitative and quantitative analyses of the phytochemical properties of the leaves stem, and flower of *Euphorbia hirta* was carried out as described by Sosa *et al.* (2016). Total phenols were estimated using the method of Edeoga *et al.* (2005). Saponin was determined by the method of Obdoni and Ochuko (2001). Flavonoid was determined by the method of Boham and Kocipai-Abyazan (1994).

Data Analysis

The data were collected, recorded, and analyzed using Microsoft Excel and SPSS (Version 25.0). All data were expressed as mean ± SD. A probability of P > 0.05 was considered significant. Results were presented in tables, graphs, figures, and pictures, which formed the basis for discussion, conclusion, and recommendation.

RESULTS

The results of qualitative analysis of aqueous extracts indicated the presence of various phytochemicals in different parts of the plant. Saponins were found in the leaves, stem, flowers, and whole plant extracts. Tannins were only present in the leaves, while flavonoids were detected in both the leaves and the whole plant. Phenols were observed in all analyzed parts. Terpenoids were present in all parts except the stem. Anthraquinones and alkaloids were found throughout the plant, whereas cardiac glycosides were absent in all aqueous extracts of the stem, whole plant, flower, and leaves of *E. hirta*, as shown in (Table 1). The leaves contained seven phytochemicals, the whole plant had six, the stem had four, and the flowers had five.

The result of qualitative screening of ethanolic extracts from various parts of *E. hirta* is presented in (Table 2). Tannins and Flavonoids were found in all four parts analyzed. Alkaloids, and phenols were present in the leaves, stem, and whole plant extracts but were absent in the flowers. Saponins and terpenoids were detected only in the whole plant and stem. Cardiac glycosides were

found exclusively in the leaves, while anthraquinones were not present in any part of the plant. The results showed that only one phytochemical was present in the flowers, six phytochemicals in both the stem and the whole plant, and five phytochemicals in the leaves.

The mean values of present in the ethanolic and of aqueous extract of different part of *Euphorbia hirta* (stem, leaves, flowers, and whole plant) were displayed in Table 3 and Table 4 respectively. The aqueous extracts yielded mean values of 7.93 mg/g for flowers, 8.18 mg/g for leaves, 8.65 mg/g for stems, and 6.3 mg/g for the whole plant. For the ethanolic extracts, the highest value was observed in the stem with 5.8 mg/g, followed by the whole plant with 6.43 mg/g, the leaves with 5.35 mg/g, and the flowers with the lowest value at 0.84 mg/g.

Table 1: Phytochemicals present in Aqueous Extracts of different parts of *Euphorbia hirta*

Phytochemicals	Leaves	Stem	Flower	Whole plant
Saponins	++	+	+	+
Tannins	+	-	-	-
Flavonoids	+	-	-	+
Phenols	++	+	+	+
Anthraquinones	+	+	+	+
Terpenoids	+	-	+	+
Alkaloid	+	+	+	+
Cardiac glycosides	-	-	-	-

Key: - indicates absent; + represents turbid; ++ indicates moderate, +++ indicates heavy

Table 2: Phytochemicals present in Ethanolic Extract of different part of *Euphorbia hirta*

Phytochemicals	Leaves	Stem	Flower	Whole plant
Saponins	-	+	-	+
Tannins	+	+	-	++
Flavonoids	+	+	+	++
Phenols	+	+	-	+
Anthraquinones	-	-	-	-
Terpenoids	-	+	-	+
Alkaloid	+	+	-	+
Cardiac glycosides	+++	-	-	-

Key: - indicates absent; + represents turbid; ++ indicates moderate, +++ indicates heavy

Table 3: Mean values of phytochemicals present in the ethanolic extract of different part of *E. hirta*

Plant parts	Polyphenols	Saponins	flavonoids	Alkaloids	Tanins
Flower	0.84 ^a	4.28 ^a	44.3 ^a	12.13 ^a	18.58 ^{ab}
Leaves	5.35 ^b	3.85 ^{ac}	165.58 ^b	276.04 ^b	30.75 ^{ab}
Stem	5.8 ^b	6.82 ^b	89.18 ^a	92.66 ^c	26.82 ^b
whole plant	6.43 ^b	3.59 ^c	67.58 ^a	10.8 ^a	11.98 ^a

Values with superscripts are statistically significance (p -value < 0.05)

Table 4: Mean values of phytochemicals present in the aqueous extract of different part of *E. hirta*

Plant parts	Polyphenols	Saponins	flavonoids	Alkaloids	Tannins
Flower	7.93 ^a	3.06 ^a	27.68 ^a	728.00 ^a	22.3 ^a
Leaves	8.18 ^a	3.00 ^a	154.31 ^b	964.00 ^b	48.16 ^b
Stem	8.65 ^a	6.10 ^b	28.97 ^a	137.90 ^c	13.65 ^c
Whole plant	6.3 ^a	1.8 ^c	96.03 ^c	478.67 ^d	34.62 ^d

Values with superscripts are statistically significance (p -value <0.05)

DISCUSSION

Euphorbia hirta holds significant medicinal value and is used ethnopharmacologically to treat various ailments, including respiratory and bronchial disorders such as hay fever, bronchitis, and asthma, as well as fungal diseases respectively. The findings of this study showed that whole plants of *Euphorbia hirta* contain significant levels of alkaloids, tannins, flavonoids, polyphenols, and saponins, with the aqueous extract showing higher yields of these compounds than the ethanolic extract. The highest polyphenol content was found in the aqueous stem extract compared to the ethanolic extract. The ethanolic stem extract had higher saponin contents compared to the aqueous extract. The ethanolic leaf extract had higher flavonoid and tannin content than the aqueous extract respectively. The aqueous leaf extract had the highest alkaloid content compared to the ethanolic extract. These findings are similar to previous studies by Khurshed *et al.* (2016), Khurshed and Jain (2021), and Suresh (2008), which also noted that *Euphorbia hirta* contains a wide variety of phytochemicals. Additionally, reports showed that leaf extract of *Euphorbia hirta* contains total polyphenolic (206.17±1.95 mg GAE/g dry weight) and flavonoid (37.970±0.003 mg CE/g dry weight) content (Igwe *et al.*, 2016; Al-Snafi, 2017; Khurshed *et al.*, 2022). Phytochemical studies have revealed that *Euphorbia hirta* contains phenolic compounds with diverse biological activities, including anti-inflammatory, antiulcer, antioxidant, cytotoxic, antispasmodic, and antidepressant effects (Velavan, 2015; Ghasemzadeh *et al.*, 2010). Al-Huqail *et al.* (2019) noted that flavonoids exert various biological properties, including cytotoxicity, coronary heart disease prevention, hepatoprotective, antimicrobial, antitumor, and anti-inflammatory activities. De Bruyne *et al.* (1999) and Dolara *et al.* (2005) reported that tannins in *Euphorbia hirta* serve as astringents, diuretics, and anti-inflammatory agents, among other properties. Quercetin, a flavonoid isolated from *Euphorbia hirta* leaves, was found to reduce the viability of human breast adenocarcinoma cells (Paulpandi *et al.*, 2013). Alkaloids in the plant exhibit significant antifungal activities, and saponins are part of the plant's defense system (Molyneux *et al.*, 1996; Morrissey and Osbourn, 1999; Lacaille-Dubois and Wagner, 2000; Traore *et al.*, 2000). Widharna *et al.* (2010) examined the antidiabetic properties of *Euphorbia hirta* extracts, demonstrating antioxidant effects, α -glucosidase inhibitory effects, and increased insulin release from β cells.

Conclusion

Euphorbia hirta contains a diverse range of phytochemicals, including alkaloids, terpenoids, flavonoids, tannins, and phenolic compounds. The aqueous stem extract exhibited the highest polyphenol content, while the ethanolic stem extract had a higher

concentration of saponins. The ethanolic leaf extract showed the highest levels of flavonoids and tannins, whereas the aqueous leaf extract recorded the highest alkaloid content. Further studies on both the ethanolic and aqueous extracts of *Euphorbia hirta* are recommended for their phytopharmaceutical value.

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